

# W. L. Stephens Pool Schedule

February

2 - 7

MONDAY		
Lap Swim 6:00 am – 3:45 pm 7:30 pm – 8:45 pm	6:00 am - 3:45 pm	Lap Swim
	8:00 am – 8:45 am / 9:00 am – 9:45 am	Water Fitness / Lap Swim *
	4:00 pm – 7:00 pm	SMRT
	6:30 pm – 7:15 pm	Water Aerobics / <b>No Lap Swim</b>
	7:30pm – 8:45 pm	Lap Swim

TUESDAY		
Lap Swim 6:00 am – 3:45 pm 7:30 pm – 8:45 pm	6:00 am - 3:45 pm	Lap Swim
	8:00 am – 8:45 am / 9:00 am – 9:45 am	Water Fitness / Lap Swim *
	10:00 am – 10:45 am	Arthritis Fitness
	4:00 pm – 7:00 pm	SMRT
	6:00 pm – 8:00 pm	Lessons
	6:30 pm – 7:15 pm	Water Aerobics / <b>No Lap Swim</b>
	7:30pm – 8:45 pm	Lap Swim

WEDNESDAY		
Lap Swim 6:00 am – 3:45 pm 7:30 pm – 8:45 pm	6:00 am - 3:45 pm	Lap Swim
	8:00 am – 8:45 am / 9:00 am – 9:45 am	Water Fitness / Lap Swim *
	4:00 pm – 7:00 pm	SMRT
	6:30 pm – 7:15 pm	Water Aerobics / <b>No Lap Swim</b>
	7:30pm – 8:45 pm	Lap Swim

THURSDAY		
Lap Swim 6:00 am – 3:45 pm 7:30 pm – 8:45 pm	6:00 am - 3:45 pm	Lap Swim
	8:00 am – 8:45 am / 9:00 am – 9:45 am	Lap Swim / Water Fitness *
	10:00 am – 10:45 am	Arthritis Fitness
	4:00 pm – 7:00 pm	SMRT
	6:00 pm – 8:00 pm	Lessons

	6:30 pm – 7:15 pm	Water Aerobics / <b>No Lap Swim</b>
	7:30pm – 8:45 pm	Lap Swim

FRIDAY		
Lap Swim 6:00 am – 4:00 pm	6:00 am - 3:45 pm	Lap Swim / Masters *
	8:00 am – 8:45 am / 9:00 am – 9:45 am	Water Fitness / Lap Swim *
	4:00 pm – 7:00 pm	SMRT

SATURDAY		
Lap Swim 9:00 am – 3:45 pm	9:00 am – 3:45 pm	Lap Swim
	9:00 am – 9:45 am	Water Fitness

\*Limited Lap Lanes Available